

Antebellum



Antebellum was an era of prison reform. It began after the war of 1812 and ends before the civil war. It was the beginning of asylums and mental health awareness with an emphasis on treatment of mental disorders and rehabilitation.

Dorothea Dix was one of the major people to help with this era of reform. She would visit prisons and see the conditions in which the mentally ill was placed and treated. They were placed with the general population and punished for their actions. She worked to get them to the asylums and get the treatment they needed.



<https://ushistoryscene.com/article/mental-health-reform/>
<https://stmuhistorymedia.org/antebellum-era-prison-and-asylum-reform/>
<https://the19thcenturyasylummovement.weebly.com/the-asylum-movement.html>